

Heart of the Community Award
is presented to
Cooking for Long Island Veterans

Cooking for Long Island Veterans (CFLIV) is a registered 501C3 organization serving Suffolk County homebound Veterans who cannot provide meals for themselves. CFLIV delivers weekly (three breakfasts, three lunches and three dinners) and does a wellness check on the Veteran. The organization's mission is to serve the veteran population and get the entire community involved in this positive effort. Local residents, together with other community groups and many local restaurants, have succeeded in bringing the organization's vision to life.

Many of these veterans are widowers and suffer from ailments such as impaired vision, trouble walking, stroke recovery and PTSD, making it difficult for them to cook for themselves. The organization consists of members and volunteers who deliver complete meals to the veterans at no or low cost. In addition to meals that are made in-house, Long Island restaurants, grocery stores, various VFW's and the Marine Corps Detachment League also provide meals for local meetings.

Michele Turner, Jaspan Schlesinger LLP Legal Secretary, has been assisting the organization for over a year by contributing through donations and spreading the word through local media of CFLIV current events and day-to-day needs.



L to R: Michele Turner, Legal Secretary, Jaspan Schlesinger LLP
Rena Sylvester, Cooking for Long Island Veterans